



LEMON BALM

MELISSA OFFICINALIS

THRIVES IN BEDS OR CONTAINERS WHERE IT WILL RELEASE AN INTENSE LEMONY AROMA WHEN BRUSHED AGAINST. IRRESISTIBLE TO BEES SO DO TUCK IT IN A GARDEN WHERE YOU GROW VEGETABLES AND FRUITS THAT NEED POLLINATING, BUT BE SURE TO REMOVE THE DELICATE FLOWERS BEFORE THEY SET SEED TO LIMIT THE AGGRESSIVE SELF SOWING OF THIS CLASSIC HERB. A NICE ADDITION TO TEAS AND EFFECTIVE AS A NATURAL MOSQUITO REPELLANT, LEMON BALM IS ALSO ANTIMICROBIAL AND IS USED AS A HEALING HERB FOR VIRAL SKIN INFECTIONS. THE HIGHLY DEER RESISTANT BUSHY PLANTS REACH 2X2' AND SPREADING.

ZONES 4-11

SUN TO PART SHADE

